

### **Dates to Remember:**

March 2<sup>nd</sup> – Monthly Meeting

April 6<sup>th</sup> – Monthly Meeting

April 15 & 16 Spring Cleanup

April 22 & 23 Spring Cleanup Rain Date

May 4<sup>th</sup> – Monthly Meeting

May 6<sup>th</sup> – Show Jumping show

May 13<sup>th</sup> – Pleasure show

May 20<sup>th</sup> – Mini/ Pony show

May 27<sup>th</sup> – Gymkhana show

June 1<sup>st</sup> - Monthly Meeting

June 3<sup>rd</sup> - Show Jumping show

June 10<sup>th</sup> - Pleasure show

June 17<sup>th</sup> – Mini/ Pony show

June 24<sup>th</sup> - Gymkhana show





## Welcome to February

We have almost made it through the winter! We hope everyone made it thru the record breaking frigid weather.

Makes 30 degrees seem like a vacation!

The days are longer now, and we can start dreaming of MUD season.

We held our first Monthly Meeting of 2023 this past Thursday night and have a lot to share.

I like to designate February as tack cleaning month. It's a good time to sit on the living room floor, watch a movie and go over tack that I haven't used for a while. I can see what needs to be replaced or sometimes find a hidden gem. Then I can be ready when all the Spring Tack sales start up!



### February Meeting Notes:

Spring Clean up dates were agreed on in April. We have to do it a little early due to our Show Jumping Show taking place the first Saturday in May!

A new online volunteer form is being tested so everyone will know what the jobs are, when they are and can sign up easily!

The Pleasure and Mini/Pony show series judges have been secured.

The search for a banquet venue continues. We expect at least 180 guests based off last year's numbers. We are exploring the idea of a pot-luck or hall that we can bring in a caterer versus the all in pricing.

#### **Earth Muffin Treats**

#### Ingredients:

1/4 cup ground flax seed
3/4 cup warm water
1/2 cup organic sugar
2 cups oat flour
2 cups oatmeal
1 teaspoon of sea salt
1/2 teaspoon ground cinnamon
1 cup frozen blackberries

#### Directions:

- Preheat the oven to 375°F.
- Soak ground flaxseed in warm water for 10 minutes until it turns a gelatinous consistency.
- In a mixing bowl, combine flax-and-water mixture with sugar.
- Stir in oat flour, oatmeal, salt, and cinnamon until well-combined.
- Pour batter into a greased mini-muffin pan.
- Firmly press one berry thick side down into each muffin.

#### Bake for 18-20 minutes.



## Let's talk about the Mini/Pony Show series

Last month I talked about the divisions in the Mini/Pony show series and the new riding classes that were added to our class list. I left out a division, by mistake, and will correct that now. I also want to clarify the Masters Division.

Leadline 14 and under is for children 14 and under who are not yet ready to ride independently. The mini/pony must be of an appropriate size for the rider. Leaders MUST be, at least, 16 years of age. Leaders shall remain at the horse's shoulder and should not aid the rider physically or verbally except for safety. Preference will be given to riders who show independent control of the horse. Cantering is not allowed. Helmets are required.

Masters is for In-Hand exhibitors who, due to age or physical difficulties, cannot participate in classes that require the handler to run. While this division is usually for handlers 45 years old or over, younger handlers with physical problems preventing them from running will be considered on a case by case basis.



## **Show Jumping in a Nutshell**



**SHOW JUMPING DEFINED** Show Jumping is scored based on the horse's athletic ability over fences as measured by time. In Show Jumping a horse may incur faults: 4 faults for each rail knocked down, 4 faults for every refusal, and 1 fault for every second over the maximum time allowed, the least number of faults and the fastest time wins. Jumper courses, which are technical in nature and typically consist of 12-16 jumps, require strategic riding in addition to a swift pace. A fall on course or 3 refusals results in a disqualification. Stadium jumping is a phase in eventing and show jumping is its own discipline.

SHOW JUMPING NBARH STYLE The riding of horses one at a time over a set course of jumps judged on speed and faults. Our courses will consist of 6-10 jumps according to divisions. Faults will be added by knocking down rails or refusing a jump, 4 faults for each and disqualification for a fall or 3 refusals. We will not have a maximum time, we encourage the schooling of mistakes. However, please be respectful of your fellow exhibitors when doing so. If time is excessive show management may ask that you exit the arena. NBarH Show Jumping will offer ground poles through 3' fences and we welcome all ages and abilities.

### **Meet Your Show Jumping VP**

Thank you all for your support and this exciting opportunity! I wasn't always a horse girl, I bought my first horse in



2008, decided to make horses my career in 2012 and today my passion is as bright as ever and continues to grow! Training is my passion, trust and solid foundation are so important to me. I grew up Hunter and now I am a rebel that loves XC. I did well in the equitation ring in my younger years with my first horse Buttons, I took some nice ribbons home eventing with my retired mare Tiffany, Stormy wasn't bred for jumping so we just had a blast at NBarH and now you will see me around with my best and forever partner Cinderella. Cinderella and I started our partnership right here at NBarH, we have had a long road but we stuck by each other's side through it all. In my spare time I study equine psychology, behavior and biomechanics, which also plays a huge part in my training strategies. All of my personal horses have rescue stories and I wouldn't have it any other way!

GOALS My only real goal this season is that everyone has so much fun that it sticks! We want this to be our First Annual NBarH Show Jumping Series and I am going to need ALL OF YOU to make this happen!!! We will need to build and paint a lot of jumps before opening day, tons of opportunities to get in your membership hours. We will be looking for volunteers and sponsors, we will need raffles and staff for each show, jump crew and so much more! This will take a village but I'm not worried because I know how amazing all of you are! I am open and look forward to suggestions, offers and feedback, you can email me anytime at pamperedandproud@gmail.com



### **N BAR H Directory**

President: Linda Mattress 603-473-0913 lindamattress1@gmail.com

VP-Show Jumping: Kasandra Olson – pamperedandproud@gmail.com VP-Pleasure: Heather Good 207-475-5766 delleo16@gmail.com

VP-Miniature Horse: Linda Mattress 603-473-0913 lindamattress1@gmail.com

VP-Gymkhana: Kasandra Olson – pamperedandproud@gmail.com Membership Coordinator: Patty Milano 603-512-6180 npmilano@atlanticbb.net

**Treasurer:** Stacey Mattress 603-832-4603 **staceymattress1@gmail.com Recording Secretary:** Jennifer Souther 603-988-7502 **jenniferdew22@yahoo.com** 

Corresponding Secretary: Elisabeth Bateman 207-703-4923 elisabeth.bateman@gmail.com

#### **Board of Directors:**

Tami Remick (Chair) 207-752-7106 tami.remick@gmail.com
Jennifer Souther 603-988-7502 jenniferdew22@yahoo.com

Mary Dew 603-502-5216 momdew@aol.com

Stacey Mattress 603-832-4603 **staceymattress1@gmail.com**Patty Milano 603-512-6180 **npmilano@atlanticbb.net** 

## Please reach out to any of us with questions or concerns.

Also see our website and Facebook pages for more information:

www.nbarh.com

#### Facebook:

NBarH Show Jumping, N Bar H Miniatures, N Bar H Pleasure, N Bar H Gymkhana N Bar H Community Group,